

Lindley Estes/Bullet

The 1960s-era bus arrived on campus Friday morning as part of the Freedom Rides exhibit.

Freedom Riders Make Stop at UMW for 50-Year Anniversary

By **FRANCES WOMBLE**
Staff Writer

On Monday 600 members of the UMW community and distinguished guests gathered in front of a 1960s-era Greyhound Bus on Ball Circle to celebrate the unveiling of the Freedom Rides Exhibit which will remain there until March 31.

The Freedom Riders were a group of college students led by James Farmer that boarded buses bound for the Deep South beginning in May 1961 with the intent to challenge discriminatory waiting rooms, bus terminals and restaurants.

During the trip, the riders were attacked, beaten and jailed.



Frederick Coupar/The Bullet

Rev. Reginald Green at the unveiling.

Freedom Riders Joan Trumpauer Mulholland and Rev. Reginald Green were present for the unveiling.

In her brief address, Mulhol-

land examined the historical progress that has resulted during the past 50 years.

"The man who is now in the White House was born in the year of the Freedom Rides," she said. "That is a sign of the social change that has happened."

She also connected the current turmoil and unrest in Egypt to her own personal experience during the rides.

Green agreed.

"We've come too far to turn back now," he said.

The windows of the bus are filled with photographs of the Freedom Riders on their journey and its destination of Birmingham is plastered above the windshield. In addition to the bus, the exhibit is made up of a timeline and life-sized photographs of James Farmer, a Freedom Rider, National Guardsman and former UMW professor.

The quote next to Farmer's cutout reads, "We felt we could count upon the racists of the South to create a crisis, so that the federal government would be compelled to enforce federal law."

Visitors to the exhibit are also able to hear songs sung by the Freedom Riders. There is also a stand where visitors are also able to put their mark on the exhibit by writing what they would get on the bus for.

"The exhibit reminds me of all the people before me that fought so hard for equality," senior Travis May said. "It makes me realize how truly blessed I am to be at Mary Washington, because I know if it was not for every committed fighter for justice, I would not be attending a

prestigious university such as this one."

The bus and exhibit arrived on campus early Friday morning. It was preceded by a fury of anticipation and questioning by the student body. The James Farmer Multicultural Center, along with students in two com-



Frederick Coupar/The Bullet

Original freedom rider Joan Mulholland spoke.

munications classes, championed efforts to promote the event.

Students and faculty wore shirts bearing the questions "Would You?" "Could You?" and "Will You?" Last week and this Monday, the center hung posters and banners with the same questions throughout campus. They also created an event page on Facebook for the unveiling with the title "LIKE THIS EVENT."

Despite the uncertainty, campus walk in front of Ball Circle and Lee Hall's terrace were filled with a crowd of people.

Charles Reed, Jr., a senior

and student aide for the James Farmer Multicultural Center, was asked to speak at the unveiling. He connected the three questions in the final remarks of his speech.

"All last week including today, we asked 'would you?', 'could you?', and 'will you?'" Reed said. "The fact that you are out here today shows that 'yes, you would,' 'yes, you could,' and 'yes, you will!'"

"I was honored to speak at the unveiling," Reed said. "It is a moment in my life that I will never forget. I know that if James Farmer were alive today, he would be smiling away knowing that his work and the work of the Freedom Riders was not in vain. I feel that the exhibit is a great way for UMW to celebrate the legacy of the Freedom Rides and James Farmer. It says that UMW is a university not only committed to keeping alive James Farmer's namesake, but to diversity and inclusion as well."

Last week, Leah Cox, special assistant to the president for diversity & inclusion and director of the James Farmer Scholars and Student Transition Program, said she was very excited for the unveiling.

"I was pleasantly surprised at the turnout," she said. "It was just wonderful to see the numbers of students, faculty, staff, administrators and the community who came to the unveiling. It was better than I ever anticipated. I was really proud."

Planning for the event began two years ago when Courtney

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Hard Lessons in Studying Abroad

Turmoil in Egypt, Australia affects students worldwide

By **THOMAS BOWMAN**
and **LINDLEY ESTES**
Staff Writer

Political crisis in Egypt and dangerous weather phenomena in Australia have prompted concerns about Americans abroad.

Students that studied in Egypt during the fall semester saw signs of political unrest, while study abroad programs in Australia worked to preserve the safety of students during massive flooding and the recent cyclone.

These emergencies have raised questions about the university's responsibility for their students overseas, in addition to the United States' role in international turmoil.

UMW Students Worry from Afar

The civil unrest in Egypt has had a direct effect on several UMW students, although there are none currently studying abroad there.

Sophomore Riham Osman has family in Egypt.

"When I hear they're not allowed to leave their homes, I get worried," Osman said. "It's like a lockdown for them. When the Internet was shut down, I couldn't talk with them—I couldn't have contact with my cousins."

Osman considers the revolution positive, but acknowledges the tragic loss of life that accompanies it. Roughly 300 people have been killed since the unrest began, according to the Associated Press.

"Many of the people in Egypt are hiding in their homes because they are scared to leave due to thugs on the street," sophomore Drema Khraibani, president of the Islamic Students Association (ISA). "Many of the areas are running out of food and people are unable to get to a safe location to buy food."

According to Khraibani, "The people that are causing violence are not the protestors but instead the prisoners. They were able to escape because the policemen that were guarding the prisons disappeared. We do not know the location of these policemen. The military is keeping many of the people safe."

Khraibani wanted everyone to understand that this move-

ment has been occurring for a long time.

"People are starving and are unable to buy tomatoes from the local shop because they do not have money," Khraibani said.

Even those that have graduated from college and have master's degrees have limited or no job opportunities, Khraibani said.

Many Egyptians are concerned the government is not helping the people, according to Khraibani.

Change was inevitable, according to Khraibani.

"I mentioned at the ISA meeting that this event is like America when it went through its revolution," Khraibani said. "The same is happening in the Arab countries—each one is re-evaluating their roles and the actions they have taken and wondering if they need to take action now or later."

Studying Abroad in Tumultuous Countries

According to Jose Sainz, study abroad program director with the International Academic Services (IAS), the program works closely with the on-site directors of those programs, universities or institutions where they send UMW students.

Close contact with them through e-mail, phone or via Skype allows them to be aware of the whereabouts of students at all times.

"The real test would have been this semester had we had any UMW students in Egypt, which we did not, unlike last fall when three UMW students were attending American University in Cairo," said Sainz. "That situation would have really put our crisis response systems to the test."

However, students are not sent abroad without first being briefed on academic and safety concerns.

"At pre-departure orientations, we cover health and safety regulations, and we make students aware of the seriousness of being in another country when it comes to safety issues," Sainz said.

The UMW study abroad program has not encountered serious crisis situations in the

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Class of 2014 More Stressed Than Older Peers

By **BRIDGET BALCH**
and **SALLY MATHIS**
Staff Writers

According to a recent survey, this year's freshman class rated themselves as having the lowest emotional health in the past 25 years.

The survey, "The American Freshman: National Norms 2010," was conducted by the University of California, Los Angeles' Higher Education Research Institute

Experts hypothesize that depression, high levels of stress, and particularly, the worries that come with a recession are major contributing factors.

The survey included the answers of over 200,000 incoming freshmen at four-year universities and relied entirely on each student's self-evalu-

ation.

Although it is difficult to tell definitively whether this class truly has higher stress levels than previous years, counselors and professors of many schools say that they have noticed this trend as well.

"The research being conducted on college and stress does tend to indicate that students are entering college with greater levels of stress. That has also matched my professional experience in the past six to eight years," said Tevya Zukor, director of Counseling and Psychological Services here at the University of Mary Washington.

Zukor explained that there are many factors that can contribute to greater stress levels, including the increasing number of first-generation college stu-

dents and people with a history of mental illness or psychological difficulties entering college.

Since their parents did not have the college experience, first-generation college students might not be able to benefit from the same kind of guidance and advice that students whose parents did attend college can receive, making the adjustment to college more difficult, according to Zukor.

Also, with improvements in medicine, people with mental and psychological difficulties are now attending college when they might not have been able to in the past, Zukor said. For them, the usually difficult transition is even more stressful.

Professor Steve Greenlaw of

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Marie Sicola/Bullet

Linda Heartlein and Kristina Scrimshaw work in Simpson Library.



By **LINDLEY ESTES**
Staff Writer

Feb. 4- UMW police responded to reports of grand larceny at the UMW tennis center occurring between midnight on Feb. 1 and midnight on Feb. 2. The investigation is pending.

Feb. 4- Police responded to a hit and run in the UMW parking deck that happened sometime between 9:30 a.m. and 1:30 p.m. on Feb. 4. The investigation is pending.

Feb. 6- Fredericksburg police responded to the 1600 block of Augustine Avenue, where a UMW student reported that her parked vehicle was struck and damaged by a black Jeep whose driver then fled from the scene. Witnesses to the incident identified the driver of the Jeep and warrants were obtained for Alexandros Kipreos, 21, of Stafford charging him with felony hit and run and driving while suspended. The suspect has not been arrested at this time.

Feb. 7- UMW police responded to reports of a suspicious person on the Eagle Landing bridge beginning at 11:20 a.m. on Feb. 4. One trespass warning was issued.

Feb. 7- Campus police responded to reported vandalism that occurred between Jan. 31 and Feb. 2 to the exterior of Melchers Hall. The investigation is pending.

Feb. 7- Police responded to reports of trespassing in the UMW parking deck at 11:01 p.m. One trespass warning was issued.

Feb. 8- At 10:08 p.m., UMW police responded to reports of marijuana possession at Eagle Landing. One arrest was made and one administrative referral was issued.

Feb. 8- At 10:46 p.m., campus police responded to reports of marijuana possession at Eagle Landing. Police arrested two individuals and issued three administrative referrals.

This information was compiled with help from
Assistant Vice President for Public Safety and Community Services Susan Knick, and
Fredericksburg Police Department Public Information Officer Natafia Bledsoe.



Marie Nicola/Bullet

Senior Elsa Lee won a \$1,000 bond for her video on the four factors of production.

Videographer Wins First Place

By **SARAH SMITH**
Staff Writer

Senior Elsa Lee recently won first place in the Federal Reserve Bank of St. Louis national video competition.

The contest required its participants to find creative ways to explain the four factors of production: land, labor, capital and entrepreneurship.

Lee's video tells the story of a young woman who decides to start her own business selling flowers.

The Federal Reserve hopes high schools will utilize the piece in classrooms, according to a university press release.

Lee, who is an economics and French double major, wanted to create a video that would keep students interested in economics.

"Economics can be a very dry subject, and videos and other media can really help students understand certain concepts," Lee said.

She wanted to keep the video's content simple to make it as comprehensible as possible. All entries were required to be under five minutes in length, as

well.

"After researching the subject, I wrote a short script," Lee said. "I tried to keep the structure of the video fairly simple, limited the shooting locations and employed my roommates as the actors."

This is Lee's first time winning a competition, and she hopes to enter more in the future.

"I enjoy working with narrative film, but it was fun doing an educational video," Lee said. "I've done a commissioned documentary, and I do video news reporting for the Bullet."

Lee shares her interest in video making with her younger brother Patrick, a freshman at James Madison University. He won third place in the competition, having written his own script and shot and edited the video with his sister's help.

Lee enjoyed her involvement in her brother's piece.

"It was relaxing to just act as cameraman and editor," she said. "He wrote, directed and starred in his own entry."

Lee would like to be a professional filmmaker, if she can be. "That's the dream," she said.

UMW Sustainability Matches Larger Schools at Lower Costs

By **BULLET STAFF**

Despite the University of Mary Washington's small size, the school's recent construction projects have demonstrated a commitment to increase sustainability, remaining competitive with larger Virginia schools.

Behind the numerous construction projects on the UMW campus is an administration focused on increasing sustainability and remaining competitive with other Virginia schools.

According to the 2010 College Sustainability Report Card, the UMW received a B-, the same grade given to the University of Virginia. Virginia Tech and the College of William & Mary received a B.

The report is an initiative of the Sustainable Endowments Institute in Cambridge, Mass. Founded in 2005. This non-profit organization is involved with advancing sustainability on college campuses. The report is based on a survey sent to schools across the nation. Colleges receive their letter grade based on responses to questions in nine categories, such as food and recycling, administration involvement and "green" building.

Despite fewer students and less funding, UMW sizes up to much larger Virginia colleges with regard to sustainability efforts. For example, both Virginia Tech and UMW received a B in the category of food and recycling, though VT's budget was \$12.8 million and UMW's was \$1.85 million.

Senior Tori Wong, co-chair of the President's Council on Sustainability (PCS), has done research on other schools' sustainability plans.

"I think we're pretty comparable to other schools," Wong said. "Granted we're a lot smaller and we have a lot fewer resources than other schools, but the things that we're doing measure up pretty well, and we just find that there's not as much publicity for the things that we do."

Formed in December 2009, PCS consists of 22 members from faculty, staff and students.

According to its website, "The PCS is charged with the creation of a five-year plan and making recommendations on sustainability issues and policy, developing strategies for implementation of sustainability initiatives, and providing a cohesive public face for UMW sustainability efforts."

Joni Wilson, UMW director of landscape and grounds, is one of three chairs for PCS. Wilson has stayed involved in campus construction, renovation

and sustainability projects for 24 years and started the Recycling Club in 1991.

Wilson has a positive view of the university's commitment to sustainability. She cited the partnership with the energy service company NORESO, which works with organizations to reduce energy costs.

UMW invested \$8.5 million in 2006 to upgrade its lighting and water fixtures, including low-flow toilets and showerheads, motion sensor lights in some classrooms, natural gas pipe insulation and new monitoring systems for controlling peak energy uses of air conditioning systems.

Darryl Sullivan, director of utilities management said, "It cut our bills in half."

Another project with NORESO, implemented through residence life, targeted behaviors, such as turning off lights and taking shorter showers. "We were the first university in the country to do that, with energy conservation through behavior modification," said Wilson.

According to Wilson, 94 percent of all materials removed from the Mason and Randolph construction site are being recycled. They will be the first two LEED-certified buildings on the UMW Fredericksburg campus. LEED, Leadership in Energy and Environmental Design, is a globally recognized green building certification system. Wilson said that in July 2010, the university committed to meeting all requirements for LEED Silver certification for

new building projects.

LEED provides "a concise framework for identifying and implementing practical and measurable green building design, construction, operations and maintenance solutions," according to the U.S. Green Building Council website. Construction projects are evaluated and awarded points to determine their level of LEED certification. There are four levels of certification: Certified, Silver, Gold, and Platinum.

According to Michael Spencer, assistant professor of historic preservation, LEED "puts everyone on the same playing field."

However, he stated that the certification is not perfect, because it is building industry-driven.

One of the issues with LEED is that some clients seek certification because it is good for marketing, not because they are sincerely invested in environmentalism.

"It's kind of a branding that they use," Spencer said.

Spencer commented on inconsistencies in the point system as well. According to the LEED checklist, companies can get the same amount of points for installing a bike rack as they can for maintaining existing walls, floors, or roofs. However, Spencer recognized the advantages of LEED, as well.

"If you have to build new, I would definitely recommend doing LEED. It does promote sustainability and it is green and it is friendly," Spencer said.

Andrea Smith, professor of

historic preservation, is passionate about looking at sustainability within the big picture.

"Green ethos has to permeate throughout the system, not just the buildings. It should be within every level of the school," Smith said.

Wilson hopes to increase student engagement through internships. There are two positions with Recyclemania, an annual intercollegiate recycling contest. The most recent internship opportunity, so far unfilled, is working with George Farrar, director of communications, writing press releases on sustainability.

The PCS is also considering community outreach internships to help local schools recycle.

The 2011 College Sustainability Report Card, published online in fall 2010, shows that Virginia colleges and universities are making progress. Virginia Tech and William & Mary received a grade of B+, and UVA received a B.

UMW statistics were unavailable for 2011, but Wong said that the school has improved since the last survey.

"Without saying that we are the most sustainable school that exists, I think that we're working on it and it's getting to the point where it's going to be a priority," she said.

Compiled by *Virginia Osella, Nicole Cummings, Coleman Clark, Jacklyn Faraci*



Tori Wong/Bullet

Students work on sustainability projects on campus.

Stay tuned for next week's coverage of the Master Plan's counterpart: the historic preservation plan.

Viewpoints

Despite Past Civil Rights Success, Work Remains

This week, the university kicked off its three-month celebration of the Freedom Rides and Dr. James Farmer with the installation and unveiling of the Freedom Rides-Exhibit in Ball Circle.

Although it is good to commemorate the great strides civil rights activists have made over the past fifty years, the struggle is by no means over.

This celebration arrives at a time when it is important to remember this part of American social history because some of these civil liberties are being challenged.

Last Thursday, conservative legal activists argued against the nation's landmark Voting Rights Act before a federal district judge in Washington.

The lawsuit, initiated by lawmakers in Shelby County, Ala., revives a constitutional challenge aimed at the heart of the 1965 law, a challenge

that has come before the Supreme Court before and that analysts called the most important issue of the year in 2009.

The *Washington Post* reported last week that in the lawsuit, filed last April, attor-

neys for Shelby County stated, "There can be no question that the VRA ushered in long-overdue changes in electoral opportunities for minorities throughout the Deep South."

They also wrote, "it is no longer constitutionally justifiable for Congress to arbitrarily impose on Shelby County and other covered jurisdictions disfavored treatment... without a legislative record showing that [they] are still engaged in the type of 'unremitting and ingenious defi-

ance of the Constitution' that justified enactment of the VRA in 1965."

However, it is too soon to dismantle what measures were put in place to protect civil liberties for every American citizen.

The celebration 'itself' falls on the 150th anniversary of the civil war, a charged anniversary throughout the south. The fact that this is still celebrated is a testament that the legacy of slavery and institutional racism are still alive.

Understanding this, and not pretending that the entire population is past the point of seeing race is a premature assumption.

Even the most fundamental gains like integration of school have also been challenged in recent years. But letting integration fall by the wayside not only encourages racial exceptionalism, it destroys the foundation of diversity and acceptance.

Staff Editorial

Cut Your Losses When It Isn't Meant To Be

Recognizing when to cut your losses is something they should start teaching in this place.

I'd much rather take "Intro to Girl, This is Totally a Lost Cause and You're an Idiot; Quit While You're Ahead" over "Plays for Dummies" and "A Beginner's Guide to Maps," or whatever the entry level electives I'm currently taking are called.

Sometimes, no matter how badly you want to be the one who can fit the most marshmallows in their mouth at one time or have an affair with Andrew Garfield, it's important to accept that some things just aren't meant to be.

The truth hurts. But it can also set you free.

Why waste your time, energy and resources on an endeavor that is headed for failure, when you could focus your efforts on something better?

If you're taking a class that you know is going to be too much work and you have the option to drop it, it would be foolish not to. Why risk hurting GPA and struggling through a semester of unnecessary work when you don't have to?

There's nothing wrong with being a quitter.

I wish I'd had this realization freshman year when I decided that, for some reason, biology was a class I needed to take.

You shouldn't give up on something as soon as it gets hard, but not all ideas are worth following through with. Following through can be great, but it can also be a colossal waste of time.

Spoiler alert: I'm not preparing for medical school anytime soon. I definitely didn't need to finish any semesters of biology.

We place such a premium on seeing every miserable task, challenge and relationship to its

bitter end, but, by nature of the fact that most things suck, it can't all work out in your favor.

Instead of sitting back and waiting for your failures to slap you in the face if (and when) they occur, let's start encouraging each other to throw in the towel every once in a while. Wave that white flag in the air like you just don't care and move on to something more worth your time.

heat. The logical thing to do is get out of the kitchen.

We should all consider getting out of the kitchen more often. Let's stop pressuring each other to stay in these sweltering boxes of awfulness just because we made previous commitments to staying in the kitchen.

Find a new room. How about the bedroom? I've heard great things about the bedroom. No one ever says, "If you can't stand the heat, get out of the bedroom."

Knowing when to give up on people is probably the most challenging (I hear cowboys are particularly hard to quit), because it's difficult to determine which relationships you should rally for and which ones deserve nothing more than a text that says "cut" and some "Eternal Sunshine of the Spotless Mind" level memory loss.

Clearly I'm not an expert on anything, but in my experience, if every interaction with a person leaves you angry and complaining to your friends, who are two seconds away from quitting you because you won't shut the hell up, that friendship probably isn't worth saving.

Some relationships are salvageable, but other times your attempts at revival are completely worthless. As one friend put it recently, you can either prolong an awful situation, or you can remove yourself from it.

I'm not advocating that we give up on everything that requires exerting effort and making sacrifices. Some things are definitely worth the energy it takes to follow through, but when the pay-off is minimal, let's stop being so invested.

Sell your stock. Buy an island.

I guess I'm a quitter and I think you all should be too.

Sorry I'm not sorry.



By Jordan Kroll
Columnist

I guess having other people call you a quitter could be a bummer, but do you know what else I recently gave up on? Caring. So, you're a quitter now. Who cares? Not me.

At least you're not a failure or an embarrassment. If anything, you're smart for seeing

Sometimes I can't stand the heat. The logical thing to do is get out of the kitchen.

that the costs outweigh any potential benefits and getting the hell out before you suffered any real loss.

Sometimes I can't stand the

Letters to the Editor:

Erased abortion messages disappointing

Dear Editor,

Last week members of Students for Life spent time writing pro-life messages in chalk around campus. The next day many of them had been written over or erased.

For a community that claims to be as open-minded as UMW, it was disappointing to see that we weren't afforded the same respect as other campus groups that use similar methods.

Why do pro-choice members of our Mary Washington community feel the need to vandalize pro-life messages on campus walk? Why do they feel the need to pull down pro-life flyers or flyers for crisis pregnancy centers that offer women alternatives to abortion, an activity that has been going on for several years?

Doesn't pro-choice mean being open to all choices, not just the ones you believe in? Some "pro-choice" students here on our campus have decided that ignorance is better than information.

Calm and rational debate is possible, even when it comes to a heated issue such as abortion. I'm sure that most pro-choice students on campus are against this pro-silence policy.

Women and men should have all the informa-

tion available to them. If the pro-choice movement is so confident that they are right, then why do they continuously fight laws that oblige women to become informed about the fetus (unborn child) inside of them?

Some states are pro-women enough to require that women view ultrasounds or read information packets that allow them to make an informed decision. What is so bad about that?

Even President Obama, a proponent of abortion on demand, says that a decrease in abortions is desirable and that open and civil dialogue is important.

Though results are conflicting, some studies show that up to 80 percent of women who view an ultrasound keep their baby. If what we are striving for is a decrease in abortions, why not fully inform women?

I look forward to the day when all members on both sides of the debate can be civil, and information can be shared fully.

Sincerely,

Michael Gardner,

Class of 2011

Vice President of Students for Life

New fraternity looking for recognition

Dear Editor,

You may have heard about the new fraternity on campus, Kappa Sigma. We founded the organization over winter break, and we are currently recruiting to start a colony (as of now we are a nationally recognized interest group). Our ultimate goal is not to be another underground fraternity, but to be officially recognized by the university.

We want to start a new tradition of brotherhood here along with Psi Upsilon. In the pursuit of this goal we have been speaking to administrators, including President Hurley, about the possibility of changing the structure of student activities to allow for Greek-letter organizations, which once were prosperous on campus until the university became co-educational.

This effort has been met with resistance and hesitation, but the student voice should be the de-

ciding factor in this discussion. Over 100 students currently participate in Greek-letter social organizations on campus and many more would if it was available.

The commitment to academics and brotherhood that is gained from being part of a fraternity is unmatched in other student-run clubs.

While Greek life is not for everyone, a school that forbids it is depriving the students of the opportunity to choose. It is time for Mary Washington to embrace Greek Life and allow its students to grow and to reach their full potential.

If you have questions or comments please feel free to contact us at umwkappasigma@gmail.com.

Sincerely,

James Sennett,

Acting-Grand Procurator

LOOKING FOR THE COMIC?

CHECK PAGE 5

Time to Rethink Food Stamps

By ANDREA FORCUM
Staff Writer

It is no surprise that the United States has an obesity problem. Any Body Mass Index that exceeds 25 is considered overweight, and health dangers rise exponentially with the BMI number.

The rapidly growing number of people whose BMI is over 25 affects not only those individuals personally, but the healthcare costs of an individual whose BMI exceeds 25 are \$1000 more per year on average for insurance providers according to healthcaremedialeaders.com.

Meanwhile, the nationwide United States Nutrition Assistance Program, aka. "food stamps," is providing the nail in the coffin for many of these individuals.

The good intentions of various food stamp programs fall short of their goals. There is absolutely no question that individuals in a democracy can hit on hard times. This program started in the late 1930s and has evolved significantly throughout the years.

In the Commonwealth of Virginia, the recipients get a lump sum on a card on the first of each month. They are allotted a certain amount based on the size of their family, their income and several other contributing factors.

However, most of these individuals opt for unhealthy, processed foods that are not only a poor use of taxpayer's dollars, but they build an unhealthy habit in themselves that will cond-

With the addition of the Health care bill, this issue becomes more important than ever. The nation is currently assisting people to become obese on the tax payers dime, and the thousands more in health coverage would also become the responsibility of tax payers when, and if, the health care bill comes through the Supreme Court.

I propose that it is not only in the nation's best interest, but also the nation's responsibility to educate food stamp recipients about nutrition. As a prerequisite to receiving food stamp benefits, the individuals should have to complete a short nutrition education course.

I would like to go a step further to say that the government should change the way the benefits are received from a lump sum to specified recipient items. These items would be chosen and calculated by panel of government paid nutritionists to give the individuals what is needed for a healthy diet.

We already have a program that works similarly to this: the Women Infants and Children program. In this program, they are given a set amount of neces-

sities such as milk, diapers and formula.

I simply propose that we work food stamps the same way. Each family would get a sum from which they may purchase their choice of protein, a certain amount of whole grain starch, and allotments for fresh fruits and vegetables.

As it currently is, these individuals can get sushi, prime rib, lobster, cake, soda and ice cream. I am not saying that the recipients should never get those items but instead put a small amount aside that is the "discretionary fund." This would instill a reminder that although they are receiving this food free of cost, it is not free. We, the taxpayers, pay for it each week out of our paychecks.

Because the money is coming from the government, the recipients should be held responsible for how it is spent.

These much needed changes to the food stamp program would help decrease obesity in food stamp recipients. In addition, those that want to have more freedom to purchase whatever they please are motivated to fund their own grocery bill.

These changes would not only help the country's current financial woes but also the recipients themselves. After all, America is about giving a hand up, not a hand out.

Letter and Editorial Policy

The *Bullet* is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the *Bullet* at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seacobeck Hall or sent to our e-mail at umwbulet@gmail.com.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact the *Bullet* at 540-654-1133.

the
Bullet

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Viewpoints

Les Soldes Trip Leads to Savings



By ANNE ELDER
Staff Writer

There are only two times a year when Parisians have the opportunity to watch petite old women in fur coats fighting over discounted clothes: les soldes.

The soldes are biannual sales in Paris, regarded almost like a national holiday amid elitist shoppers. They last six weeks during every winter and summer, with discounts mounting as weeks go on. And I caught it just in time.

The day after I arrived in Paris, the madness began. For the first markdown, store owners and anticipatory employees decorated the windows like it was Christmas, trying to convince window shoppers that they had the best deal.

Women skipped their lunch breaks and headed over to H&M (yes, sadly, I did too), Etam and Gallerie Lafayette to get deals while they could.

But the rush seemed silly to me at the time, since the discounts increase every week. Wouldn't they want to wait to get the best deal possible?

No, and I quickly learned why. A week later, signs for the second markdown were posted. The selection inside the stores was noticeably more sparse, but that didn't stop the crowds from rifling through the "-50 %" racks.

Of course, I wanted to take advantage of it. I wanted a

wardrobe worthy of, "Oh, this old thing? I got it in Paris." Unfortunately, the sales were not as cheap as I hoped they would be. Designer labels that are 50 percent off still don't exactly fit into my free-food loving, hostel-traveling college budget.

But here's the trick I've learned as the sales progress: chain and department stores are not the only places to shop. Yes, if you are looking to get a pair of Christian Louboutin heels for 350 euros instead of 425, Gallerie Lafayette, Printemps and Le Bon Marché department stores are waiting for you. However, that's not what I had in mind.

Just outside the Paris city limits every Saturday lies a string of vendors waiting for tourists and natives alike to clean them out of hand-crafted bags, antiques and almost anything else you can think of. You don't even need sales to get a good deal; you need to be good at haggling.

A group of us arrived at "Le Marché aux Puces" with high expectations. Going to places where we were advised against bringing any valuables sounds like a fun Saturday morning, right? The marché is a huge flea market and according to its website, it houses 1,000 vendors for art, fashion and clothes, and 2,500 vendors selling antiques and secondhand items.

We were ready to shop and didn't plan on leaving empty-

Egyptian Civil Unrest Doesn't Ensure Liberty or Democracy

By MATT GELLER
Staff Writer

The revolution in Egypt that has raged for two weeks surprised the world community and shook the Arab world. The authoritarian rule of Egyptian President Hosni Mubarak is irrevocably altered.

While the West is left wondering what will come from the revolution, Egypt has been laboring to sharply define the goals of the revolution. How the future government will operate is of paramount concern.

Without a clear leader, there is high risk of instability, and the potential destruction of a country that is a key ally to the West as well as a very important country in the Arab world.

Currently, the revolution is a collection of loosely formed factions ranging from secular to Islamic. While they may not share the same ideologies, they are united, at least for now, by a unifying set of demands: the resignation of Hosni Mubarak, the dissolution of one-party rule, and amendments to the country's constitution that allowed a dictator to rule for more than 30 years.

In an interview with National Public Radio, Secretary of State Hillary Clinton described, "a debate within Egypt itself, and not just in the government, but among the people of Egypt" as to when Mubarak will step down, and what kind of government will form.

One of the largest and most powerful opposition groups is the Muslim Brotherhood.

It was banned in Egypt for most of its history but was

legally recognized in 2005. Before the revolution it had about 88 seats within parliament. Today, it is estimated that if free elections were held, they would represent about 25 to 30 percent of the vote.

There is no doubt that they will be a driving force toward reform in Egypt. However, the goals of the group both domestically and abroad, remain unclear.

Conservative politicians John McCain and Mitt Romney have both expressed anxieties about the revolution in Egypt becoming, similar to the 1979 Iranian revolution, where a revolt that began in the streets led to the overthrow of secular ally Shah Reza Pahlavi, in favor of a theocratic Islamic Republic.

While it is possible that this may happen, it seems unlikely. The strength of the revolution has been with the young and secular segment of Egyptian society. They have seen the results of a theocratic Iran, and for them this is unappealing.

Instead, the protestors have delegated negotiating duties to Mohamed ElBaradei, a secular law scholar, Nobel laureate, and critic of the Egyptian government. He has been working with the U.S. and Egyptian authorities to transition power away from Mubarak in an attempt to form a more democratic government.

However, his position that the transition of power should be gradual is very unpopular with the segment of the revolution calling for the immediate removal of Mubarak.

The U.S. supports a gradual transition in order to avoid an

amendment in the Egyptian constitution that stipulates that elections would have to be held 60 days after Mubarak leaves office. A hasty exit could result in another inadequate vote and lead to more instability.

Currently, the situation is still manageable thanks mostly to the power and the popularity of the Egyptian military, but this may not bode well for the country's democratic aspirations.

Fareed Zakaria of CNN believes that the real threat to a liberal democracy comes from the military, which has a huge budget and is afforded a great deal of autonomy.

Indeed, the few presidents that Egypt has had have all been military officers, and the military is involved in nearly every aspect of Egyptian society. This is a potent combination for turning Egypt into another sham democracy.

The U.S. government is try-

ing to support efforts for a liberal and secular democracy, but it should be wary that brokering a deal that leads to another oppressive government will lead to another opposition group that could become more hard-line, resentful, and violent.

Unfortunately, historically that has often been the case.

George Ayittey, from the Free Africa Foundation writes, "...there's one insidious aspect of despotism that is most infuriating and galling to me: the disturbing frequency with which many despots... began their careers as erstwhile freedom fighters who were supposed to have liberated their people."

Egypt's demand that Hosni Mubarak step down from office is justified. However, this is not a guarantee that their dream for a democracy won't result in another nightmare.



Rioting in Tahrir Square, Egypt.

Courtesy of Jetty Jackson

handed.

Men pushed knock-off Louis Vuitton purses, Guess watches and anything marked with Chanel in our faces. After walking past stand after stand, awing at African statues yet not seeing anything enticing enough to be worth the price tag, we still hadn't found our treasure.

I lost about 10 minutes of my life talking with a vendor in an awkward mix of French and English, trying to convince him to knock the price of a purse from 45 euros to 20, to no avail (it was worth a try). It was almost as bad as the soldes, only haggling takes more effort.

We left defeated, only to

learn later that day that we never actually made it to the heart of the market. The stands we were rifling through were set up in an attempt at catching the overflow from the real market, the one filled with treasures and antique spoons and everything I wanted to find.

Naturally, the real, bustling

market will be a part of our plans in the weekends ahead. However, I have one more week of sales before everything goes back to full retail price—though it might be safer for my wallet to just sit this one out. At least, until I find my treasure, that is.



Opposing Viewpoints



Obamacare Will Be Outlawed

By CALVIN SHERWOOD
Political Columnist

Remember when the health care issue was a popular point extolled by the Democrats for popularity? It was a long time ago and you'd have to jog your memory a bit. Ever since President Obama managed to secure its passage, health care has been an issue most Democrats would prefer to avoid.

As gutless as it is, if President Obama wants to hold on to popularity and push for other legislation, he would be wise to continue this approach.

On the other hand, the bill's unpopularity has been a lightning rod for criticism amid conservatives, and their clamoring for its destruction continues to grow louder in Congress. These voices have new reasons to celebrate, because yet another federal judge, this time in Florida, has struck down the health care overhaul as unconstitutional.

Judge Vinson, a district court judge, ruled that the entire law must be struck because of the unconstitutional provision. That clause, the individual mandate for all to get health care, runs afoul with Congress' commerce clause, because while that clause allows Congress to regulate commercial activity, it says nothing about inactivity. This

means that there's no precedent to force people into buying insurance.

This raises the stakes and sends this issue to the Supreme Court, where the issue will be resolved in what will be an extremely influential ruling. Until then, this ruling will simply add

The bill's unpopularity has been a lightning rod for criticism.

weight to the argument of those who are against Obamacare, for now there are judicial rulings against it.

This stinging defeat for Obamacare is a slap-in-the-face that the Obama administration could play up and try to rebut, but that could easily backfire. The health care overhaul has not become popular, so politicians risk much if they throw their support behind it.

For those who applaud these new rulings, like Virginia Gov. Bob McDonnell and Attorney General Ken Cuccinelli, it is a chance to help unite the dissent and give their opposition momentum. That could be crucial in the coming years right before the election, especially if any new positions or rulings from

the courts appear in time for potential presidential candidates to weigh in on the matter.

All this new commotion over the issue should worry the president and his party a bit, but he shouldn't focus on it too much because it is out of his hands at this point. With the case being recommended to the Supreme Court, it is now a policy of wait-and-see.

A spokeswoman from the Justice Department said that they are still confident the law will be upheld, especially since only the individual mandate from the law was deemed unconstitutional, so Democrats do have some breathing room and hope.

Nevertheless, when it comes to momentum and popular support for the issue, the Republicans hold all the cards.

If President Obama wants to move forward with a spirit of bipartisanship, he is going to have to grit his teeth and yield this issue to the Republicans for now; butting heads over this issue could prevent anything else from getting done and cause gridlock on the Hill.

After the reconciliatory tone in the state of the union, Obama would be wise to acknowledge the slight Republican victory and wait.

Legal Precedent Will Find Health Care Law Constitutional

By BRIAN AURICCHIO
Political Columnist

This past week in Florida, a federal judge claimed that President Obama's health care plan was unconstitutional. Republican and Tea Party members vehemently oppose health care and doubt its constitutionality, as well as the expanded role the federal government has taken.

The only industrialized nation to not ensure health care to every citizen is the United States. Whether the Affordable Care Act is the answer to health care in this country or not, it is most certainly constitutional.

Former Ronald Reagan Solicitor General Charles Fried testified at a Senate hearing on "The Constitutionality of the Affordable Care Act." According to Fried, the Act is absolutely constitutional under the Commerce Clause, in Article One, Section Eight of the Constitution.

The Commerce Clause allows Congress to regulate commerce with foreign nations, as well as among states and Indian tribes. In the 1824 case *Gibbons v. Ogden*, Chief Justice John Marshall said that Congress'

commerce power means power to regulate, or to "proscribe rule by which commerce is governed."

Insurance was considered commerce in the 1944 Supreme Court case *United States v. South-Eastern Underwriters*. Therefore, Congress surely has the power to regulate health insurance. The individual mandate, which forces every citizen to purchase health insurance, is part of a law to regulate insurance, which is commerce.

According to *Forbes*, health care costs in this country constitute nearly 16 percent of our gross domestic product, further supporting the argument that insurance is commerce.

Fried continues his argument to the 1819 case, *McCulloch v. Maryland*, which stated, "the powers given to the government imply the ordinary means of execution." The government has the power to act, which allows for regulation.

In this case, the question at hand was the creation of a federal bank. Although the Constitution does not confront the issue of a national bank directly, Congress still had the power

to create such a bank to "facilitate national security and interstate commerce" says *Los Angeles Times* writer Akhil Reed Amar. He writes, "Obamacare is no different."

Fried said the individual mandate is essential to the regulation of health insurance, which is completely within the government's authority.

Amar points out that Obamacare does not mandate every citizen to purchase insurance, but those who remain uninsured must pay a tax. The federal judge in Florida claims this is unconstitutional under Congress' tax powers. However, according to Amar, this is untrue and reinforced by the 1913 Income Tax Amendment.

The legal arguments over the bill disregard its ultimate purpose, which is to fix health care in the United States.

The major problem is people believe any new role of government is a limitation to personal freedom. Health care needs to be viewed as a right to every citizen, rather than an industry to be unregulated by federal authorities.

Entertainment

Black Eyed Peas Ruin Super Bowl Halftime

By ALEX VAN BEEK
Staff Writer

Many musicians say that what they live for as artists is the thrill of being on stage in front of a crowd.

In essence, this is what makes concerts such engaging experiences: the live performance has always been a way for artists to showcase their talent.

While each artist brings their own type of flavor to their performance, the key factor is, of course, the music itself. This is a concept that The Black Eyed Peas do not have a complete grasp on yet, relying instead on flashy choreography to hide their lack of musicality.

The first glaring warning sign that the Super Bowl Halftime Show would not be about the music came when Fergie, Will.i.am, and the two other guys came on-stage without any instruments.

With that in mind, where was the actual music coming from? I would have pondered the question had I not immediately lost interest due to the sound of auto-tune coming from that one guy with the hat.

Technology has advanced to the point where singers can not only fake it in the studio, they can fake it in front of a live au-

dience. Somewhere, Frank Sinatra is rolling over in his grave.

As their tired charade of a song "I've Got A Bad Feeling" ended, the Peas moved onto that other song of theirs from yesterday, "Boom Boom Something."

Didn't these guys just come out with a new album? The better answer would probably be who cares.

Anyway, somewhere down the line, something completely unexpected happened: Slash, the guitarist of Guns and Roses fame, rose up onto the stage playing the famous "Sweet Child of Mine" riff.

What appeared to be a blessing in disguise turned out to be anything but, as Fergie proceeded to completely butcher the vocals to the classic track.

Why Slash agreed to this, I will never be sure, but I guess anyone will do something completely idiotic if the pay is good.

Continuing on the trend of guest stars, famed R&B artist Usher showed up to perform a song titled "OMG" with what's-his-face from the headlining band.

I'll give credit where credit is due, as this was by far the least painful part of the whole show, mainly because it only in-

volved a fourth of the members of Black Eyed Peas.

Like Slash, however, Usher was gone almost as fast as he appeared, making both cameos inconsequential in the whole scheme of things.

The ongoing choreography of the show served its purpose, which was to distract the crowd with a series of flashing lights while the Black Eyed Peas pretended to sing onstage.

While it was well done and visually appealing, the whole thing was ultimately pointless, as it added nothing to the music.

As an example of how visuals can complement the overall experience, look no further than Prince's half-time show from a few years ago, where he utilized a marching band for a few of his songs.

This was not only a visual spectacle, but added a new musical twist to Prince's performance. I feel like this is the kind of effect The Peas were going for, but like the rest of the show, it amounted to nothing.

To sum it up, the Black Eyed Peas performance at the Super Bowl was garbage. Over-produced "bands" like these should not set foot outside of the studio, as all it does is show that they cannot sing and have no real musical talent whatsoever.

Super Bowl Commercials Not So Super This Year

By COLEMAN CLARK
Staff Writer

For some people, the football game was the most exciting part of the Super Bowl, while other people only tuned in for the commercials. The commercials this year did not have the same humor, action, sex appeal and punch as in years past, and for every winner, there were two losers.

A good percentage of commercials were devoted to upcoming movies. For instance, the highly anticipated, but highly secret, Steven Spielberg and J.J. Abrams collaboration, "Super 8," appeared in a short clip. The trailer showed a lot more footage than the teaser released last year but proved no less mysterious. The movie appears to be a combination of "E.T." and "Cloverfield."

But the most single-inducing commercials of the night were those of the two films leading up to the gigantic Marvel team-up, "The Avengers."

First "Thor" thundered on screen, swinging his mystical hammer. Then "The First Avenger: Captain America" showed Captain America's WWII origin and a sneak peak at the villain, the Red Skull.

Many big companies such as Bud Light and Doritos ran mul-

tiples ads. Bud Light spoofed HGTV-style home makeover shows in its first ad, then continued strong in a second ad that focused on a Three Musketeers style movie using excessive product placement to score free beer.

The ads for Doritos were hit or miss. The first focused on a seemingly mentally unhinged man baiting his girlfriend's dog into smashing into a glass door, which was pathetically unfunny.

Doritos came out on top in its second round featuring a man so desperate for the chips that he sucks the orange cheese dust from his friend's fingers. It was simple, weird and uncomfortable, but it worked. A third ad suggested Doritos were not only magical, but held the secret to life as well.

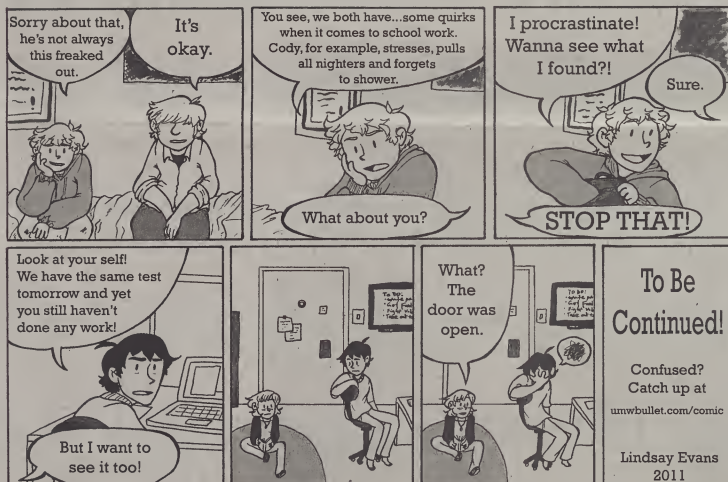
Teleflora, an Internet flower delivery service akin to 1-800-Flowers, ran a commercial with Faith Hill in the recording studio helping her producer craft a valentines message to go along with his flowers. His message from the heart, "Dear Kim, your rack is unreal," was funny enough to make you forget the confusion of Hill's presence in the commercial until it explained her new collection of flower arrangements.

Motorola made the strange choice to focus on George Or-

well's "1984" for a commercial promoting its new tablet. It was strange when you recall Apple's famous Super Bowl commercial to promote the first Macintosh computer, and because the tablet is easily mistaken for an iPad until the Motorola Xoom flashes on the screen at the last moment. What's next, a Burger King commercial with the Taco Bell Chihuahua?

Best Buy cashed in on "Bieber Fever" by offering a surprisingly poignant ad about the constant search for "the next big thing." The commercial began with Ozzy Osborne as the spokesperson for a 4G phone, and by the end he was replaced with Justin Bieber who toted a 6G phone. The ad was funny, and it was nice to see Bieber poke fun at himself.

Finally, the best and worst commercials of the night had one thing in common: Eminem. First, the rapper was featured in a claymation ad for Brisk tea, where Em just seemed out of place. The second, and arguably the best commercial of the night, was for Chrysler. There were tons of car commercials, but none offered the emotional, underdog look at Detroit that appealed to young and old viewers alike.



WANTED: The *Bullet* needs new cartoonists!

Is it your goal to make somebody choke on their homefries over breakfast in Seaco reading the *Bullet*'s latest comic? I know mine is. Then send an email to umwbullet@gmail.com and you could become the *Bullet*'s latest cartoonist.



Bullet Points

Thursday,
February, 10

- **Newlywed Game:** Aww, you two make such a cute couple! You're perfect for each other! *OR ARE YOU??* Put that perfection to the test at the Underground's Newlywed game at 8 p.m. You could win big... or lose hard. I love risks.
- **Bowling:** Is there really anything more "college" than having a few, ahem, *drinks* before bowling with friends and cursing in front of some little kids before throwing up in one of the lanes? No, there's not. So go to Liberty Lanes at 9 p.m. for \$5 unlimited bowling and fond memories.

Friday,
February, 11

- **Jordan Carlos:** Ever wanted to become friends with Stephen Colbert's black friend, Alan? Yeah? Well now's your chance! Come to the Great Hall at 8 p.m. for some hilarity.

Saturday,
February 12

- **Karaoke:** Listen, I know you're a little apprehensive about singing in front of people. I'm here to tell you that that's okay! Just pretend like you're alone in the shower. In fact, why not just sing naked! Awesome, glad we got that out of the way. See you in the Underground at 8 p.m.
- **Poker:** The annual C.O.A.R. poker tournament is back, so slap on that fake moustache, baseball cap and dark sunglasses and get to the Great Hall at 12:30 p.m. \$10 at the door or \$5 for an advance ticket sold in the Nest today and tomorrow from 11 p.m. to 2 p.m.

Sunday,
February 13

- **Cheap Seats:** 2 p.m. "Sleepless in Seattle." \$1, Combs 139. BE THERE.

Send Bullet Points to tella@mail.umw.edu.

Monday,
February 14

- **Valentine's Day:** Either you're a cynical person who believes Valentine's Day is a Hallmark holiday or you're a hopeless romantic who's out frolicking through meadows with your sweetheart right now. And either way, love is in the air. Get some.

Tuesday,
February 15

- **Charity: Water:** If you're interested in volunteering this semester and making a difference, come to the Red Room at 9 p.m. You'll even get a free dinner!

Wednesday,
February 16

- **BINGO:** Ah, the ultimate game of "do you have a good attention span?" Don't play it. Live it. Underground, 8 p.m. Be a part of history.

Undeniably Adjacent: Pirates, Pop-Rocks, and Depression

By UPMA KAPOOR
Staff Writer

The Undeniably Adjacent promised to continue surprising audiences at shows to come earlier this semester.

After a mere two weeks, UMW's one and only improv comedy team graciously and successfully delivered on the promise a multitude of unconventional and colorful performances at their Pre-Valentine's Day show.

While each performance did require one-word suggestions from the audience, the Undeniably Adjacent invited three alumnus—Andrew Mullen, Matt Czup, and Nti Aning—to compose monologues based off of the audience's one-word suggestions. The Undeniably Adjacent thus formulated multiple impromptu pieces derived from the preceding monologues.

Mullen opened the show with an interesting and rather

introspective monologue revolving around pirates, pop-rocks and depression.

The Undeniably Adjacent handled the discussion of depression lightheartedly and opted to focus on Mullen's pirate-roommate stories and chess games. Expectedly, the audience thoroughly enjoyed the improv team's interpretation of Mullen's anecdotes.

Czap's monologue, however, was the best for the Undeniably Adjacent, as the word was "softball."

This led to elaborations of topics such as the state flag of Virginia and women's rugby [jokingly] being "lesbian training grounds."

The performances following Czup's monologue proved to receive the strongest audience reception, as there was neither a dull nor silent moment during the improv team's interpretation of the monologue.

The consistent laughing did

not cease during Aning's monologue despite the improv team initially struggled to act it out.

Aning's one-word suggestion was "Star Trek," but his monologue—while amusing and entertaining—was rather incoherent and confusing for both audience members and improv team members to interpret.

Regardless, the Undeniably Adjacent redeemed themselves by the end of the show and provided yet another fantastic and comical evening.

While the evening was concluded with the simple request: "please do not send us hate mail," it should be recognized that the Undeniably Adjacent performances are not for all audiences.

Attend with an open mind, and you will certainly be pleased by the breadth and wealth of merriment that this unique troupe has to offer.

Weekly Sudoku

3							8
	1		2		4		9
			1		6		
4		8				6	9
6							1
1		2				3	4
			7	8			
	4		3	2		6	
5							3

Difficulty: Medium

To check your answers, go to umwbullet.com/sudoku.

Entertainment

'LittleBigPlanet 2' is Pure Fun



courtesy of gamervision.com

"LittleBigPlanet 2" is reminiscent of "Mario" in the most basic sense but is so much more than that.

By **MARSHALL SCHULTE**
Staff Writer

"LittleBigPlanet 2" may be the closest thing to pure, distilled joy that you will ever experience in your sad, boring, little life.

In short, if you had a good time playing the original, you'll have a better time playing this

one. If you're new to "LittleBigPlanet," read on and by the end, you'll know what's up.

"LittleBigPlanet 2" is, at its core, a platforming game, meaning you'll be jumping on a lot of stuff, whether it's platforms or bad guys.

You play as a cute little "sackboy" as he fights back against the Negativitron, a

malevolent vacuum cleaner. Sound ridiculous? Good.

It's important to note that the game is for up to four players at once. You might be worried that you might lose your sackboy on the screen, but the developer, Media Molecule, found their own way to combat this threat: you can decorate your sackboy however you want, provided you

grabbed the right decorations in the single-player game.

By the end, I was dressed like Kanye West saving the world with my two friends, a medieval knight and James Dean. It was incredible.

To call "LBP2" just a platformer, though, would be doing it a great injustice. In the single-player campaign alone there are

sections that range from flying on bumblebees that shoot lasers to running from a giant flaming mechanical chicken.

The art design follows suit in the craziness. Most of the time, platformers have their fire level, water level, jungle level, etc. The first game was kind of like that. In stark contrast, one of the worlds here is a neo-communist robot factory. Let that sink in for a second.

But the single-player is just the tip of the iceberg. Sure, you can create really good levels on par with the levels the developers made for single player, but there are just about an infinite amount of other things you could create.

To cite two examples, people have almost perfectly recreated a dungeon from the original "Legend of Zelda" and sections from "Wolfenstein

3D," one of the original first-person shooter games.

I can't finish this review without at least mentioning the large amount of licensed music used in this game. All of it fits perfectly, and takes the experience from A to AAA grade.

"LittleBigPlanet 2" improves on the original in just about every way and ups the ante for user created content in console games.

It's pure, distilled fun stamped onto a disc. If you don't like it, then you simply don't like being happy.

"LittleBigPlanet 2"

Available on PlayStation 3
Price: \$59.99



A Postitive 'Schmound' at the Underground

By **KALYNA JOWYCK**
Staff Writer

Soundcheck was over by 7:45 p.m. and within the next few minutes, Schmekel had their crimson drums, sage bass, earthy Fender and full size keyboard ready to rock the Underground last Saturday night.

Melody Ain, the president of PRISM at UMW, introduced the New York-based band as the headliners of this year's keynote event for the PRISM TransAction Day celebrations. The event was cosponsored by the university's Jewish Student Association and Gender Neutral Housing.

The first order of business was not the music, but everything about it. Ain reviewed some important terms to know in context of Schmekel's "all-Jewish, all transgender, polka punk" identity.

"Sexual orientation" is defined by what attraction one may feel toward another human while gender is how one might identify within the world of attractions.

"Transgender" is the term for someone who does not identify with the sex that was assigned them at birth. On this same matter, Lucian Kahn, the lead vocals and guitar player then reviewed the band handout "What He Said: A Schmekel Lyrics Glossary."

Since they incorporate a lot of Yiddish and "queer" terms (as Kahn deemed them) he thought it important to educate any newcomers to the concepts.

Kahn even called up four



Marie Sicola/Bullet

Schmekel gave a refreshingly comical take on some serious subjects, and played a great set to boot.

members from the audience to help read aloud the vocabulary words of the night.

"I'm Sorry It's Yom Kippur" a song that Kahn deemed an "act of deep penance," opened the night. It was a song about how awkward coming out can be to your family and friends, especially on the high holiday of Yom Kippur, a day of atonement in Judaism.

"The Mohel Song" really highlighted the punk aspects of the Schmekel sound — or "schmound."

A fierce objection to circumcisions, Kahn, joined by bandmates Nogga Schwartz, Ricky Riot and Simcha Halpert-Hanson, did not even say the word during the introduction of the song, but instead snipped their fingers across the air with mischievous grins.

An audience member even joined in on the joke anticipating the "sensitive subject" of the song. A real crowd-pleaser was "Super Transsexual Bros." which compared the transition phase to the likes of a video

game.

At last, a comical ode to the humiliations of chest surgery put the crowd in stitches of laughter, especially when Schwartz canned beneath his bass to the beat.

After the music was over, Schmekel held a question and answer session with the audience where some interesting topics surfaced.

Their preferred pronouns were established as well as their inspirations, and phone numbers were even exchanged between

Halpert-Hanson and an audience member.

Riot reflected on the meeting and formation of the group through different summer camps, Hebrew school groups, and LGBT center support groups in New York City.

Kahn recounted their favorite place to play, the Glitter House in Brooklyn. Halpert-Hanson revealed their favorite holiday to be Simchat Torah, the "rejoicing of

the Torah."

When asked a more serious question about the influence or change in support of their religious communities, Kahn explained the wonderful and encouraging atmosphere of the LGBT synagogue the band attends and its transaction coalition.

Kahn and Riot stated that the band's goal is to simply "make queer people laugh" and play with their friends.

In a society that faces hardships day in and day out, it is comforting to see a group put a comedic twist on otherwise controversial topics.

The incorporation of old folk sounds gave a unique taste to the modern punk bass and jazzy guitar. The electronic fusion of keyboard against the simple drum beats added a strong backbone to the hilarious lyrics of the delightful noise that is Schmekel.

Seascape to Debut at Klein Theatre

By **COLEMAN CLARK**
Staff Writer

Drama, comedy, and sea lizards all come together on the Klein Theatre stage in "Seascape" when the play by Edward Albee begins its two-week run tonight at 8 p.m.

Freshman Lauren McGrath and junior David Presgraves star as an elderly married couple on an afternoon stroll along the

beach when two lizard-like sea creatures, played by junior Jonathan Bridgeman and senior Kalyna Jowyk, emerge from the ocean, and engage the couple in conversation.

"The makeup and costume designers were really creative, and I have to say we look just as awesomely strange as the script suggests," said Bridgeman.

The concept may sound far-fetched, but this is typical of absurdist playwright Albee's plays.

"It is less a play that starts at point A and ends at point Z with a series of events, actions, and obstacles to be overcome if you will, as opposed to more of a philosophical treatise on life," said Director Helen Housley. "It touches on many aspects of life, the relationships between men and women, the nature of marriage, what happens when that first glow of love fades away?"

**Performances: Feb. 10-20,
Thursday - Saturday at 8 p.m.,
Sunday at 2 p.m.**
Klein Theatre in DuPont Hall
**\$10 standard admission, \$8 students
and senior citizens, \$4 UMW ID**
540-654-1111 for tickets and info

**ENTERTAINMENT
ONLINE**



Ahmed Mohamed/Bullet

**RONNIE
JORDAN**

Did you go see Ronnie Jordan last week at the Underground? No? Then boy did you miss out on some hilarious stories! This dude was ridiculous.

Honestly, I don't really get what you were doing that you missed out on Ronnie Jordan, but catch up on the magic at our website.

**Read all about it at
umwbulet.com**

Features

From Seoul to Ball Hall

Korean exchange students on campus share culture and experience life at UMW



Courtesy of Beth Haver

Students involved in the KARC program participate in a variety of activities on campus and go on trips to places like the National Zoo in D.C.

By LAUREN OLSEN
Staff Writer

Senior Serena Yun turns to Korean food to cure homesickness.

"Our standard meal is rice with side dishes like kimchee [...] but here it is so hard to get kimchee," she said.

Yun is one of nine women who arrived on campus six months ago from Sungshin Women's University in Seoul, South Korea.

Along with three Afghan exchange students, these 12 women make up this year's Korean-Afghan Roommate Community (KARC) housed in Ball Hall.

UMW Residence Life's website describes KARC as a community promoting understanding between cultures.

The women are paired with an American roommate, giving both students the opportunity to learn about

their respective cultures.

According to KARC Chairwoman and senior Beth Haver, the community began in 2005 and the current group is the fourth generation of foreign exchange students involved in KARC at UMW.

The Korean women stay at UMW for a year, but the Afghan women, who are involved with the Initiative to Educate Afghan Women, stay on campus for a full four years.

While this year's numbers are slightly lower than in the past, Haver said there is an average of 19 foreign-exchange students involved with KARC each year.

The community is close-knit, offering occasional outings to restaurants and movie theaters. The group recently toured D.C., and visited the zoo

See KARC page 8 ▶

How To Survive the Snow

"Snowpocalypse" 2010 inspired students and faculty to prepare early

By KELSEY WINDAS
Staff Writer

Last February Fredericksburg was hit by over 30 inches of snow.

Senior Melanie Rossignol was just one of many whose life was put on hold when the ongoing accumulation of snow and ice made it physically impossible for her to go to work.

"My car stayed put while my tires just slipped in circles on the ice," said Rossignol. "There was no way I was going to make it to work. I really didn't have any other choice but to call out."

The store where Rossignol works was closed that day, along with many other local businesses, due to inclement weather.

The storms caused days of impassable streets, power outages and canceled classes.

"We lost at least a week," said Assistant Professor of English, Ben LaBrecche. "We squeezed some things in, but I also had to cut some things."

See SNOW 8 ▶

Poet Entertains Crowd at Dodd

By JOSH LAWSON
Staff Writer

Not all rappers wear bling and not all poets wear berets, as Saul Williams proved last Friday.

"The only reason I don't bling is 'cause I blang," Williams said to an absorbed audience at a keynote address in Dodd Auditorium, sponsored by the James Farmer Multicultural Center.

Of course, as Williams explained right off the bat, delivering a keynote speech interested him very little. In fact, rather than taking the stage—or even a microphone, Williams stood on the floor, less than a foot away from the front row of the audience.

The rapper/poet/actor/director spent nearly two hours reciting poetry from his various books and taking questions from the audience in a back-and-forth discussion that touched on everything from civil unrest in Egypt to living through the birth of hip-hop in 1980's New York City as well as Williams' own origins as an emcee.

"I discovered hip-hop and Shake-

spare at the same time," he explained. "So it was like going in two different directions with language; one more toward the street and one more towards this heightened ancient thing."

But Williams' career soon progressed past rapping, as his discovery of hip-hop soon led him into poetry. Oddly enough, despite several acclaimed books of poetry, Williams is still reluctant to call himself a poet.

"I thought that it would be arrogant if I called myself a poet because I

had never studied it. If someone said 'are you a poet?' my response would be 'I write poetry,' but I would never call myself a poet," he said.

Those in attendance Friday night,

ing again and again.

Closing his performance with an a capella rendition of "Black Stacy," a cut from his 2004 self-titled album, Williams proved his music is just as mesmerizing as his poetry.

More recently Williams worked alongside Nine Inch Nails front man Trent Reznor on his 2007 album "The Inevitable Rise and Liberation of Niggy Tardust."

Taking a more progressive approach Williams released the album online for free.

"[This] gave me the opportunity to

release an album that was not labeled so that it could just be ingested as an experience. That was the most exciting part for me," he said. "And the fact that it was free made it more exciting, because then I knew that no one would be inhibited from the experience because they couldn't afford it."

This year Williams will return to music with his fourth album, "Volcanic Sunrise."

"It's the first album that I've ever written where I didn't write anything out of anger," he said. "It's the truest reflection of who I am."

After providing the audience with jaw-dropping displays of slam poetry and thorough and thought-provoking answers to any and all inquiries, Williams stuck around to sign autographs and take pictures with a grateful audience.

Having made his mark in the fields of film, music and literature, Williams is an unstoppable creative force and his performance was certainly a sight to behold. Attendees of Friday's event are sure to never forget it.



image courtesy of Hannah Hopkins

Junior Josh Lawson (left) and Saul Williams Friday when Williams visited campus.

however, would be hard pressed to agree, as Williams verbal acrobatics left the crowd speechless and applaud-

Curry in a Hurry

By RACHEL OWEN
Staff Writer

I've never been much of a baker. This is partially because baking takes so much time (checking on cookies every eight minutes really interferes with my busy Facebooking schedule), but it is mostly due to the fact that I am completely unable to follow a recipe, which is essential when it comes to baking.

Tweaking an ingredient here or there has become such a compulsion that I can guarantee you I have not followed a single recipe to the letter in years. If you are anything like me, you will love this recipe.

It is one of the easiest things to make and is completely adaptable to whatever you happen to have in your fridge.

You can make it vegetarian, you can use only vegetables that start with "B," you can adjust quantities of anything, whatever.

I love it because I am too lazy to actually go to the store and buy the proper ingredients for a meal and this

is good with whatever I happen to have in the fridge.

The only non-negotiable ingredient here is coconut milk.

For this recipe, I simplified the spices used to better reflect what might be in most people's pantries, but if you happen to have more authentic spices, by all means, use those instead.

If you want to get fancy, this is also really good served with a chutney of finely diced mango and fresh mint on the side.

Ingredients:

2 tsp grated fresh ginger or 1 tsp dried ginger
2 tsp minced garlic or 1 tsp garlic powder
1/2 onion, chopped
2 small zucchini, sliced thin
1 bell pepper, seeded, de-veined and diced
1 hot pepper, jalapeño or whatever you have on hand
1 chicken breast, sliced or whatever protein you prefer
2 tsp curry powder
2 tsp red pepper



Rachel Owen/Bullet

2 tbsp cumin
1 bay leaf
1/2 can coconut milk (I like to freeze leftover coconut milk for later)
1 cup chicken/vegetable broth
salt
Directions:

Sautee onion, zucchini, bell pepper, hot pepper, garlic and ginger in a small amount of olive oil until soft. Add the sliced chicken and cook, stirring often, until mostly done. Add curry powder, red pepper, cumin and salt. Stir. Add the coconut

milk and broth, stir, and allow to simmer for approximately five to 10 minutes. Adjust seasonings to taste, if necessary.

Serve over rice or with naan, an Indian flat bread.

Less Money, More Stress

A recent survey conducted at UCLA determined that national stress levels among college freshmen are at an all-time high. UMW students share their methods of coping with stress brought on by coursework and economic woes.

STRESS page 1

the economics department, who taught a freshman seminar last semester, has also noticed an increase in stress levels this year.

He said that, while in past years his seminars have usually been well attended, last semester there were several students who "sort of vanished for a while." When confronted about their frequent absences, the students said that they were dealing with "personal issues."

Other students have faced difficulties because of the bad economy.

"I have students whose parents have been laid off because of the recession," Greenslaw said. "They have serious problems going to school and staying in school, [but] most of them don't let it show. They'll say 'there are issues, I can't buy the book.'"

Professor Antonio Barrenechea said that grades were down in his freshman seminar last semester, but was unsure whether this was due to high stress.

This statistic, however, does not necessarily represent all UMW students. Three freshmen interviewed who had older siblings graduate from college said that their siblings were probably more stressed when they were in college than the freshmen are now.

"I try not to worry about anything," freshman Joe Clayton said.

Of eight freshmen interviewed,

only three said that the economy and the possibility of difficulties finding a job after graduation were concerning to them.

social life and responsibility is a difficult part of adjusting to the independence of college life.

Freshman Shannon O'Grady

always difficult," Zukor said. "Factoring in that transition to college often entails greatly increased academic demands, adjusting to independence

said Greenlaw.

According to Greenlaw, some students are probably worried about whether they will be able to get a job after graduation in the bad economy, but in his opinion, "four years from now the economy is going to be fine, frankly."

"In the past few years, I have certainly seen increased anxiety related to the economy," Zukor said, "however, I don't think the concerns have been limited to just the freshmen. Students of all years have increasingly discussed anxieties about their families' financial situations and their employment opportunities upon graduation."

The freshman classes of other local universities, specifically the University of Virginia, Longwood University, Virginia Commonwealth University, and James Madison University, have not shown signs that they have higher stress levels than in other years either, according to the respective universities' psychological services.

According to Celeste Thomas, the Outreach and Consultation Specialist at James Madison University, mental health issues have been getting worse over the past few years.

The directors of counseling services and counselors interviewed at UVA, Longwood University and VCU all reported similar trends that the higher levels of stress in past years greatly affect all classes, not only the freshmen, but also students from the past several years.

Are You Too Stressed?

According to doctors, regularly experiencing one or more of the following physical symptoms indicates that you could be suffering from stress brought on by work, school or personal issues.

- ☐ Chronic headaches
- ☐ Upset stomach
- ☐ Stiff neck, tight shoulders or back pain
- ☐ Increased heart rate
- ☐ Worsening skin conditions, including Acne
- ☐ Chest pain
- ☐ Difficulty sleeping
- ☐ More frequent flu and colds
- ☐ Muscle cramps or spasms

Leaving these symptoms untreated for too long can cause major health problems, such as high blood pressure and other heart complications, a weakened immune system and a loss of sex drive. In some cases, prolonged periods of stress can be linked to more serious issues, such as anxiety or depression.

At Counseling and Psychological Services, students can make appointments for individual counseling or consultations and have access to a variety of other resources that can help with treatment and prevention.

Information courtesy of UMW CAPS and the American Psychiatric Association.

"I haven't thought that far ahead," freshman Stephen Campbell said.

"The hard part is finding a job you love that pays well."

Most of the freshmen named causes of stress that are by no means unique to their class.

For Campbell, learning to balance

named "the transition to living on your own" and "schoolwork" as the main sources of her stress.

Gautam Mehra, also a freshman, said that deciding what to major in and figuring out what he wants to do in life are major points of stress for him.

"Adjusting to a new environment is

away from family and established support networks, and interacting with a wider range of people and backgrounds than one was ever exposed to in high school. Stress is going to be a natural consequence."

"Going to college is stressful because it's so different. That's not new,"

Exchange Program Enriches Lives

KARC page 7

and the White House.

"It was an adventure to get us all together," said Haver.

Senior Gina Kim from Seoul, South Korea said she chose to come to UMW after her economics professor in Korea recommended the program to her.

Kim recounted the intensive application process, consisting of two interviews, an essay, and a TOEFL score of 88 out of a possible 120. Though it was a lot of effort, Kim said it was worth it.

Kim explained that Korean companies are actively seeking applicants who have a global perspective and diverse experiences, which is why exchange programs are so popular among South Korean university students.

"Most of my friends [in Korea] want to study abroad like me," she said.

Senior Serena Yun, also from

Seoul, found UMW appealing due to its location.

"UMW is pretty close to Washington D.C. and New York City," Yun said. "It makes the eastern side of America easily accessible."

Yun also cited UMW's small size as a major draw, as she envisioned it being a favorable environment to develop close relationships, in addition to receiving sufficient feedback and attention from professors.

But when Yun arrived here, she admitted to having to adjust to certain aspects of a lifestyle quite different from what she was used to.

"In Korea we don't usually raise our hand and participate in class," said Yun, explaining that lecture-style classes tend to dominate in South Korea.

The language barrier also proved to be stressful at times.

"I was sad when I couldn't find the word of something to [tell] my roommate that I really wanted to say," Yun explained.

She recounted times where she

struggled to order food in English and times when she cried because she missed her family so badly.

"Whenever any of the girls went through this, however, they comforted

All your time at university is not just about you anymore and it's a beautiful feeling.

-Annie Truslow

each other," said Yun. "We talked to each other and made each other feel better."

Haver said this feeling of homesickness has been common amongst the girls, but they have found solutions.

When the girls had trouble during the first weeks of school because the professors were talking so fast, Haver

was able to lend a hand.

Kim agreed that keeping up with lectures in a second language was tough, but worked through it by frequently visiting the speaking and writing centers.

"The first semester was not easy," Kim said. "But [this semester] is much better."

Senior Jamie Lee, also from Seoul, agreed that while taking courses in English is a challenge, she feels her English is improving with time.

"It has become easier to understand lectures and read textbooks," said Lee.

She added that living on a campus so far away from her parents makes her feel independent.

According to Haver, members of KARC stay involved on campus and several group members have gone to Honduras in association with Students Helping Honduras (SHH) for the past three years.

"[It was] one of the most valuable memories of my life," said Lee, who traveled with SHH last winter break and was moved by her time there.

In addition to this, the girls have formed a "Korean Club" on campus, in which they teach Korean to whomever is willing to learn.

They also participate in events in which they share aspects of their culture with UMW. On Feb. 4, the women invited the community to celebrate the Lunar New Year with them.

Haver joined the KARC program last year, unsure of what to expect, but has found the experience incredibly rewarding.

"My roommate [from KARC] became my best friend," Haver said.

Junior Annie Truslow will be one of the 2011-2012 KARC Chairwomen. She said that the knowledge and happiness gained from assisting others is what makes KARC such a valuable program on campus.

"In many ways it's a humbling experience [to be involved with an exchange program]. All your time at university is not just about you anymore, and it's a beautiful feeling," Truslow said.

Winter: Not Over Yet

SNOW page 7

LaBrecche's situation was standard for professors at UMW as well as other schools in the state. Class schedules were adjusted and large chunks of syllabi had to be cut in order to accommodate for the cancellations.

"What would be ideal would be to reschedule classes," said LaBrecche. "But it's just not realistic."

In a Jan. 26, 2011 Bulletin report, associate vice president of facilities services, John Wiltenmuth, described the work he and his staff do when there is a severe weather warning.

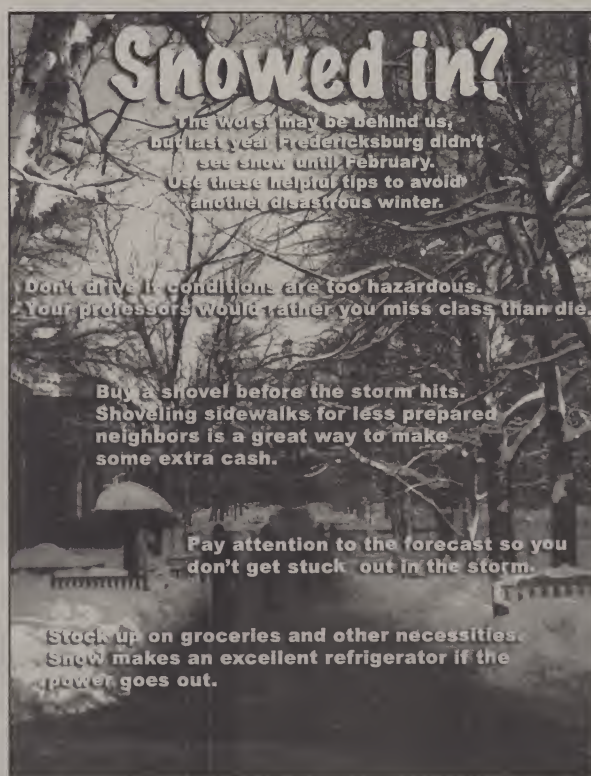
Facilities services works in 12 hour shifts to treat campus walk and parking lots before a storm hits to ensure that classes can be held "if [they] can reasonably do so."

Rossignol is from Connecticut and is no stranger to storms like the one last winter, but she hopes to not repeat her experiences from last winter again this year.

"Snow just creates problems like difficult transportation and activity cancellations," she said.

Although Fredericksburg has already seen some snow in 2011, at the time of press, temperatures are supposed to rise. This warm retreat is only temporary, however, as forecasts predict another winter storm at the end of the month.

Rossignol has already prepared for



Anne Elder/The Bulletin

the worst this year.

"I already bought a new shovel and put snow tires on my car," she said. "I

don't want my car to get stuck in the snow again."

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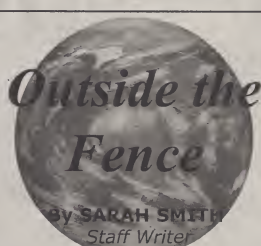
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Around the World:

In an effort to cut costs, Pakistan's 60-person cabinet resigned yesterday. Prime Minister Yousaf Raza Gillani plans to name a smaller group in the next couple of days to replace the previous cabinet. The move comes as a response to pressure from international lenders and opposition parties. Gillani's aides announced that the new cabinet will likely be approximately half the size of its predecessor. The foreign, finance and interior ministers will likely keep their jobs. Farhatullah Babar, a government spokesman, said one minister costs the state about \$71,000 a year. Still, many speculate that the resignation of the

cabinet is more symbolic of the government's interest in saving money than an effective way of cutting costs.
-Courtesy of the *Washington Post*, Feb. 9

Around the Nation:

When it comes to sending flowers for Valentine's Day, the United States has seen a substantial increase in the quantity of imported flowers. Roses, carnations and chrysanthemums, the top three cut-flower imports, were predominantly domestically grown in 1971. Only 8 percent of these flowers were imported. By 2003, 91 percent of the flowers were coming primarily from Colombia and Ecuador. Environmen-

talists object to the trend, since South American growers utilize chemical fertilizers and pesticides. Twenty percent of the chemicals sprayed on Colombian flowers are banned in the U.S. or Europe, according to a study conducted by the International Labor Rights forum and the U.S. Labor Education in the Americas Project.
-Courtesy of the *Washington Post*, Feb. 8

Around Town:

The Fredericksburg area saw its jobless rate improve in December, hitting its lowest levels since 2008 in Fauquier, Culpeper and Spotsylvania counties according to the Virginia Employment Commission.

Fauquier's rate, 4.9 percent, was the sixth-lowest in Virginia, with its unemployment being bested by only Arlington, Loudoun, Alexandria, Fairfax and Albemarle. It was the first of the local areas to have an unemployment rate below 5 percent in over two years. Virginia's 6.4 percent rate in December came down from 6.6 percent in November, and was tied for the ninth-lowest unemployment rate in the country.
-Courtesy of the *Free Lance-Star*, Feb. 3

UMW Community Keeps Eye on Globe

◀ EGYPT, page 1

past. However, in light of the recent floods in Australia and the political unrest in Egypt, IAS is currently reevaluating their emergency protocols.

"We are also adding an emergency contact number to our office that students, parents or faculty abroad can call in case of an emergency abroad," said Sainz.

The department closely monitors the travel warnings issued by the State Department.

There are currently over 30 countries on the list of countries with travel warnings. Mexico and Egypt are the most recent ones to make the list.

"Yes, there are destinations where we do not send students for safety reasons," Sainz said. "If the country is on the travel warning list, students are encouraged not to go, and certainly, no UMW programs are allowed to run in those areas."

UMW does not currently have any students in these travel warning areas.

However, if a student were to attend a program where there is a travel warning, they would go through a third party provider, and that third party provider would be responsible for their preparation and subsequent safety.

Australian Cyclone Yasi Pummels Coast

According to the IAS, there are four UMW students currently studying abroad in Australia.

Cyclone Yasi was the most powerful storm to ever hit the northern coast of Australia with winds close to 200 miles per hour when it made landfall in Queensland.

"All students are now hosted by the receiving institutions in

Australia, so they are all safe and sound," Sainz said.

Since the Australian academic calendar is different from the calendar in the U.S., no classes were affected at the time the cyclone hit.

U.S. Tries to Find its Place

The United States' response toward the civil unrest in Egypt has been moderate so far.

Egypt's current President, Hosni Mubarak, is facing intense pressure from protesters and the international community to resign and allow for a democratic transition of government.

President Barack Obama must walk a fine line between supporting an ally and supporting the people's right to demonstrate against the government. Offending either party could have disastrous consequences to the U.S.'s policy goals in the Middle East.

In a statement on Feb. 4 by Secretary of State Hillary Clinton, the U.S. condemned attacks on reporters, peaceful demonstrators, human rights activists, foreigners and diplomats.

The statement was made in response to reports of violence against the demonstrators and journalists reporting on the events in Cairo.

"There is a clear responsibility by the Egyptian government, including the army, to protect those threatened and to hold accountable those responsible for these attacks," Clinton said. "The Egyptian people expect a meaningful process that yields concrete changes."

This is the strongest response to date by the U.S. to the civil unrest in Egypt.

Jason Davidson, associate professor of political science and international affairs, said, "the U.S. is implicated in this conflict because of its history of military,

political and economic support for Mubarak's regime."

Some critics and supporters expected Obama to proactively embrace the opposition movement, but the White House has instead been reactive, according to Davidson. It has been focused on national interest rather than operating on ideals.

"How can we not be involved, even via inaction, when American military hardware may be a significant factor in the outcome," Davidson said.

Adil Quraish, senior and member of the Islamic Student Association, said that while he respects the U.S. for being a strong advocate of democracy, it must remain neutral on the Egypt's civil unrest.

"I strongly believe that a government is an institution for the people made by the people," Quraish said.

Journalists in Crosshairs

Clinton joined many members of the international community in criticizing Egypt for harassing several journalists covering the events unfolding in Tahrir Square, where the protests are taking place.

According to Egyptian state-run newspaper, Al-Ahram, one Egyptian reporter was killed after allegedly being shot by sniper fire while filming a particularly confrontational portion of the protests.

After reports surfaced that the Egyptian government had detained and interrogated foreign journalists, the criticism prompted the newly appointed Egyptian Finance Minister, Samir Radwan, appeared on CNN's Piers Morgan Tonight.

"I would apologize to any journalist or any foreigner or any Egyptian for that matter that has been subjected to this harsh treatment," Radwan said.

Countries Under Travel Warning by the U.S. State Department

Egypt	02/06/2011
Pakistan	02/02/2011
Haiti	01/20/2011
Central African Republic	01/14/2011
Niger	01/12/2011
Nepal	01/12/2011
Sudan	01/07/2011
Kenya	12/28/2010
Somalia	12/27/2010
Saudi Arabia	12/23/2010
Cote d'Ivoire	12/19/2010
Mauritania	12/08/2010
Chad	12/08/2010
Guinea	12/03/2010
Congo, Democratic Republic of the	11/25/2010
Colombia	11/10/2010
Iraq	11/05/2010
Burundi	11/04/2010
Philippines	11/02/2010
Nigeria	10/19/2010
Yemen	10/15/2010
Lebanon	10/08/2010
Iran	10/08/2010
Eritrea	09/24/2010
Mexico	09/10/2010
Korea, Democratic People's Republic of	08/27/2010
Afghanistan	08/13/2010
Israel, the West Bank and Gaza	08/10/2010
Mali	08/06/2010
Uzbekistan	07/22/2010
Algeria	04/02/2010

Courtesy of the U.S. Department of State

Farmer's Legacy Lives on

◀ FREEDOM, page 1

Chapman, director of multicultural student affairs, realized the 50th anniversary of the Freedom Rides was only two years away. It was her idea to bring an old Greyhound bus to campus.

"The bus is my baby," she said, referencing her favorite part of the exhibit.

Following the unveiling, journalist Eric Etheridge lectured Monday evening about his

book "Breach of Peace: Portraits of the 1961 Freedom Riders."

Other campus events relating to the 50th anniversary of the Freedom Rides will include a lecture and visit by Andy Lewis on March 30, the premier of the PBS film "Freedom Riders" also on March 30, and a panel discussion and Great Lives lecture on the Freedom Riders on March 31.

In addition, this year's com-

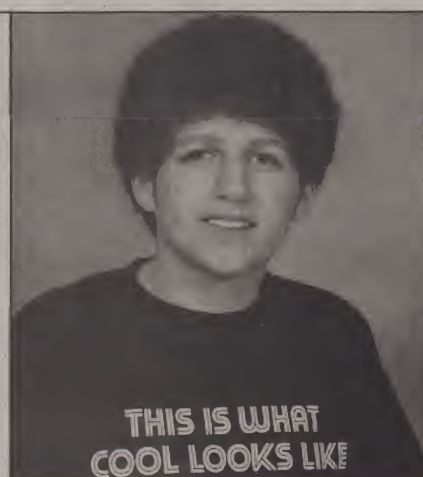
mencement address will be given by Rep. John Lewis, a freedom rider, civil rights colleague of James Farmer and co-founder of the Student Nonviolent Coordinating Committee.

Finally, students from across the country participating in the PBS "American Experience" bus route will make their first stop at UMW on May 8.

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Campus Dining News

Meet
Grace Ann Braxton
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Grace Ann provides Eagle's
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customer service!

Thanks, Grace Ann!



Student Dining Advisory Committee Meeting

*Come & share your views, ask questions, and
help explore new trends and vistas
for campus dining!*

4 PM on Monday, February 14
Faculty & Staff Dining Room

Everyone is welcome!

Our Red Hot Chef Presents
Flaming Crepes

Tuesday, February 15
5 PM - 7 PM
At Seacobeck

Cost: Included in price of dinner



Campus Dining Web Site: www.umwdining.com
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UMW DINING SERVICES

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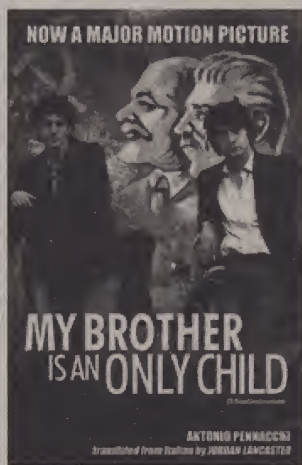
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2011 Foreign Film Series Combs 139 @ 7:30 pm



**February 14: My
Brother is an Only Child
(Italian)**

In a province just south of Rome we are introduced to Accio, one of a family of seven, who is a difficult child and drives his parents to desperation. He thinks that he wants to join a mission but soon realizes that priesthood is not for him. He returns back home and becomes politically involved in the local Fascist Party in rebellion against his family's leftist beliefs.

Writing Contest

Get paid for doing your homework. Enter papers written for 2010 Mary Washington classes in the Twentieth Annual Writing Contest.

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Sports

Springs Sports Ready to Get Underway



Courtesy of Clint Offen

UMW junior Elizabeth Crowe returns after her all-region selection in 2010 to lead the Eagles' softball team once again.

◀ SPRING SPORTS, page 12

Men's Tennis

The men's tennis team will open competition this Sunday at home against George Mason University and Franklin and Marshall College. Their 2010 season finished strong with a 13-12 record, conference title and second-round NCAA tournament exit. They hope to build on this success in 2011,

with the leadership of senior Kaz Murata and juniors Kevin Aguiño, Riley Bayer and Andrew Frisk.

The team will be led by head coach Todd Helbling, who has coached the team since 2000. His teams competed in the NCAA tournament all 10 seasons and amassed a school-record 65 wins from 2006-2008.

Women's Tennis

On the women's side, the play of

four seniors will anchor a squad working off a 2010 season where they finished 16-8 and won the conference title, while also moving into the second round of the NCAA tournament before being eliminated.

They will be coached by Patrick Catullo, who has been the head coach since 2005, winning six consecutive conference titles and reaching the NCAA tournament six times.

Men's Lacrosse

Moving back into team sports, the men's lacrosse team is fired up entering into their season opener at home against Virginia Wesleyan this Saturday. Despite finishing 2010 with a disappointing 8-9 record, Kurt Glaeser's squad is optimistic about their chances with the veteran know-how of eight senior players. Glaeser has coached the team since 1990, achieving the school record for wins in 2002 with an 11-5 record, achieving the first national ranking in 2004, and a No. 20 ranking in 2005.

Women's Lacrosse

The women's team faces the 2011 season with high hopes, having achieved a No. 14 national ranking and 14-6 record in 2010. They are coached by Dana Hall, who has been with the team since 1991, having achieved top-10 national rankings in six seasons and top-25 national rankings in a total of 10 seasons.

The team will rely on the senior

leadership of Taylor Parker, Erin Murphy and Katie Wallis, along with the experience of eight juniors. The team recently hired a new assistant coach, Lauren Chatnik, who has coached at two schools in England and was a team captain her senior season in 2009 at Fairfield College, and is the older sister of sophomore defender Corinne Chatnik.

Equestrian

Last but not least, the equestrian

team hopes to post an impressive 2011 campaign with the leadership of six seniors and the guidance of head coach Theresa Seay, who has been with the team since 2009, and was a member of the team until she graduated in 1999 and served as an assistant coach under Beth Boteler.

Collectively, all hope to produce thrilling competition and memorable matchups for their fans, both from the university and beyond.



Courtesy of Clint Offen

With a senior-laden team, the men's lacrosse team will try to improve upon their 8-9 record from a year ago.

Men's Tennis Hosts First Alumni Match in 10 Years

Current Eagles team topples alumni, 11 to 9

By MATT LONGO
Staff Writer

The falling rain last Saturday, Feb. 5, was not a damper on the Mary Washington men's tennis team's alumni game. It was their first alumni game hosted by UMW in over 10 years, and the exhibition marked the unofficial start to the spring season.

The game featured the return of seventeen former players from a multitude of graduating classes. The day's activities included two rounds of doubles matches as well as a round of singles. The present Eagles tennis team beat the old guard 11 to 9.

Throughout the day there was plenty of competitive fun on all six courts inside the UMW tennis center. Players from both teams put on a great show and had fun at the event, but head coach Todd Helbling also thought the event was beneficial for his players.

"The match turned out to be both great preparation and a great evaluation tool [for the current team]," Helbling said.

Junior Andrew Frisk enjoyed the game and the ability to see old UMW tennis players.

"[The game is a] fun and good tradi-

tion. We get to see guys we don't get to see on a regular basis," Frisk said.

During the afternoon, every set was filled with respect and sportsmanship. Some matches seemed to come down to experience to decide the winner. Matt Bolen, an alumnus from the class of 1993, expressed his enjoyment of the event and his return to Mary Washington.

These guys worked hard while they were here, and the lessons learned on the court and in the classrooms have served them well in what each of them is doing in their lives right now.

- Coach Todd Helbling

"I would love to come back to another game," Bolen said. "It was awesome and a lot of fun. It was great to catch up with the guys."

Bolen was also impressed with the current squad, adding, "The guys are good [and] they work hard."

The atmosphere at the game was relaxed and easy going and the competition level increased as the day's activities went on. The second round of games even included a "grudge match." Coach Helbling explained that the game was about "much more than tennis" and that it was a way to educate his current squad.

"These guys worked hard while they were here, and the lessons learned on the court and in the classrooms have served them well in what each of them is doing in their lives right now," Helbling said.

The alumni game also brought back Bary Denicoal, an alumnus from the class of 1987, who said, "I haven't been down in twenty plus years. I'm impressed with the facility and the players."

The alumni game will become an annual event as Coach Helbling is planning to have the game on the first weekend of every February going forward. According to the women's tennis team's head coach, Patrick Catullo, he is tentatively planning to start the alumni game tradition for his women's team in 2013.

Hockey Grows at UMW

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shot that is able to just clear the goalie's shoulder.

Once a flourishing goalie, a car accident ended Steven Brown's playing days on the ice. He now plays his traditional goalie position as well as a field player on the street, but he still favors the net.

"I just like the pressure of the game riding on your shoulders," Brown said, while also adding that the playing surface does not matter to him.

Goalies spend more time on the ground than on their feet during an offensive attack. They sprawl out and stretch their bodies in front of their goal to prevent any chance of scoring. They slide and shift on their sides and stomachs to gain possession of the ball.

Cory Yeago also known as "the Russian" is in hockey terms, an enforcer. His large frame and shaggy facial hair create a daunting presence for would-be goal scorers. He snarls if opponents come close to his territory.

"We started playing roller hockey back in the day" said Yeago, primarily a

roller hockey player. He has noticed a renaissance of sorts in the last year regarding hockey. "Hockey's starting to make a comeback now that the Capitals are doing well," Yeago said.

The D.C. area hockey team is currently in second place behind the Tampa Bay Lightning in the southeast division.

At the end of each month teams play in the Eagle One Finals. The final game is one game to seven goals to decide who will have bragging rights and ownership of the Eagle One Cup for the next month. It is composed of a water jug, several buckets, a sour cream container and a bowl, spray painted silver. Not too shabby a replica of the NHL's Stanley Cup.

The Eagle One Cup is the pinnacle of street hockey success. The winning team gets the trophy in all of its spoils. Some eat cereal from it; others simply adore its presence daily. To the average eye it may look like a collection of containers or a cheap knockoff of the famous hockey cup, but to those in the street hockey club there is no grander trophy.



Wesley Host/The Bulletin

The Eagle One Cup is awarded every month.



Matt Longo/The Bulletin

The UMW men's tennis team hosted the first alumni match in more than 10 years. The current players knocked off the veterans 11 to 9 in a fun-filled afternoon.

**Love sports but hate to sweat?
Write about it instead!**

**Contact Zach Moretti at
zmoretti@mail.umw.edu**

Sports

Men's Basketball Falls at Salisbury

By ZACH MORETTI
Staff Writer

The University of Mary Washington's men's basketball team lost a hard fought road game at conference rival Salisbury last Saturday, Feb. 5, falling to the Sea Gulls 72-68. The loss was the fifth in the last seven games for the Eagles and dropped their record to 13-7 overall and 7-5 against Capital Athletic competition.

UMW scored the first points of the game on a jump shot from junior Tad Dickman, but that was the only lead the Eagles saw for the rest of the opening half. Poor shooting marred Mary Washington early, as they shot just 30 percent from the field and connected on just 3-17 three-point attempts in the first half.

"Part of [the bad shooting day] was just taking poor shots," Head Coach Rod Wood said. "That is a pretty typical sight for us, as with a young team they don't know what a good shot is and a bad shot is; they don't know who

should take it and when they should take it."

Despite the limited offensive success, the Eagles trailed by just two with under five minutes to play before half-time. However, in that final five-minute stretch, the home Sea Gulls went on a 14-7 run to push their lead up to nine, 34-25, at the break.

UMW came out of the intermission strong, going on an 8-0 run in the first minute of the second half to quickly cut the Salisbury lead to just one. The Eagles continued to claw and finally regained the lead off freshman Walt Smith's jump shot at the 12:42 mark. From that point on, neither team lead by more than five points the remainder of the game.

Mary Washington was up 58-53 with 6:24 left in regulation, but the Eagles proceeded to go scoreless for the next two minutes of play and let Salisbury go on a 7-0 run to recapture the lead. With 37 seconds left, UMW freshman Mike Harvey connected on a pair of free throws to make it a one-possession game, 70-68, but Mary Washington couldn't force the turnover they needed. Salisbury junior Devin Posey hit a pair of free throws with 10 seconds remaining to seal the Eagles fate, 72-68.

"They outplayed us and they outworked us, myself included," freshman E.J. Willis said. "That won't happen again. We need to practice harder, work harder, and we just can't take games for granted. You miss the little things when you're winning, but when you're losing

those things stick out."

Salisbury senior David Pearman had game highs in points (23) and rebounds (9) in the Sea Gulls fourth conference victory of the season. Willis and Smith were the top performers for UMW, as Willis poured in 12 points while snatching seven rebounds and Smith went for eight points, seven rebounds, eight assists and three steals in the loss.

However, despite some individual success, each player also struggled taking care of the ball, as Willis and Smith had six turnovers a piece and the Eagles had 19 as a team.

"A lot of our turnovers were unforced errors," Wood said. "We throw the ball away and that's not just this game, but every game. Every single game they have been unforced errors, and those stick out like a sore thumb to me. It's that people are making poor decisions, and there's not an importance to the ball, that the ball is worth something. Until that happens we will continue to have 20, 18, 22 turnovers, and that's not conducive of a team our size to be successful."

The Eagles' turnovers were not the only problem, but their lack of an inside game on offense is also a concern for Wood. UMW took 63 shots in the Salisbury loss and 32 of them were three-point attempts.

"Absolutely we are too reliant on the



Courtesy of Clint Offen

Freshman guard Walt Smith had a solid game with eight points, seven rebounds, eight assists and three steals, but he also had six turnovers.

A lot of our turnovers were unforced errors. We throw the ball away and that's not just this game, but every game. Every single game they have been unforced errors, and those stick out like a sore thumb to me.

- Head Coach Rod Wood

Street Hockey Takes Over The Cage Outside Bushnell

By WESLEY HOST
Staff Writer

One of America's favorite games of yesteryear has come back onto the Mary Washington campus. Every Friday and Monday night, around 15 students go to the Cage to indulge in a pick up game of street hockey.

Sophomore Calvin Sherwood started campus street hockey in the spring semester of 2010. It gained a small following at first but gradually caught on to the student population. Originally they played with garbage cans, but they have since graduated to nets and pennies. Sherwood had played roller hockey in his home state of California and thought it was a good idea bringing it to an area with a good amount of hockey aficionados.

Teams are chosen and players don

either neon yellow or blue pennies. Each team consists of three players and a goalie. Several players tape their sticks, some to get a better grip while for others the tape serves a more practical purpose, fusing together broken pieces. An orange ball is dropped in the middle of the rink for the face-off and two players tussle to gain possession.

From there, all the creativity begins. All of the offense is freelance, no set plays or formations. No real positions either, although some players are offensive minded and others defensive minded. Structurally, the team tries to remain in a rotating triangle. Give and goes are also a common strategy and passes are connected until a lane opens up, at which point it is time to strike.

The chain link fence acts as additional offensive players. Attackers rip

the ball off of the fence, either to themselves or to teammates, for savvy assists.

On defense, it's always man to man. Excessive body contact is outlawed, but players still body up their opponent against the fences.

The only protective gear is worn by the goalies, which consists primarily of catching equipment. Kneepads, a chest protector, a helmet, an outfielder's mitt and a lacrosse glove make up the makeshift protection.

Everyone has different experience levels, some new to the sport and some who have played different versions of hockey for years.

Freshmen Corey Lyons has played ice hockey most of his life. The majority of his playing days were at the Governors Academy, a prep school in Massachusetts, yet he has also served stints with Little Capitals and the Prince William Hockey Club.

"I wish there was a rink around here, [but] you take what you can get," Lyons said.

Street hockey allows him to get a little taste of the sport that he loves, despite the smaller following of ice hockey in this area compared to the New England region.

Offensive players like Lyons have to be especially clever in finding shots. The goals, about four feet tall and six feet wide, favor the goalie. Players have to bait the goalie with the ball to force him to come away from the goal if they are to have any chance to hit thenet. Yet there is occasionally the spectacular

HOCKEY GROWS

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Springs Sports Preview



Courtesy of Clint Offen

The UMW baseball team looks to improve upon a successful 2010 campaign, in which they went 28-14 and won the CAC title.

By NICK NELSON
Staff Writer

Track and Field

Track and field begin their 2011 campaign with high hopes, hoping to improve on the acclaim given to such competitors as senior Matt Geller, junior Nicole Ditto and senior Sarah Dawes.

The squad opened competition on Jan. 8 in the Father Diamond Invitational, with Ditto achieving a distance of 34 feet, nine inches in the triple jump, freshman David Justis finishing with a time of 2:48 in the 1000 meters, and freshman Dalton Echard running the 60 meter hurdles in 9:34.

They have proceeded with strong finishes in the successive three meets, including last Saturday's Haverford Keogh Invitational. Both teams will lace up their cleats once again on Feb. 20 at the Mason Dixon Championships at Christopher Newport University.

Baseball

The baseball team is eager to build on a strong 2010 campaign, in which they finished 28-14, were Capital Athletic Conference champions and had a strong third place finish in the NCAA South Regional competition.

The team will rely on the play of senior

Eric Rehbein, senior Parker Talbert and the leadership of long-time coach Tom Sheridan. Their season will commence Feb. 12 with a doubleheader at home against Messiah College, their first of four doubleheaders in six matchups.

Sheridan, the Eagles skipper since 1988, has led his teams to two 30-win seasons, seven conference titles, and more than 500 total victories. He has been named Capital Athletic Conference Coach of the Year 12 times.

Softball

On the other diamond, the softball team is also ready to begin their 2011 competition. Eager to improve on a disappointing 9-26-1 record in 2010, the team will rely on an even mix of youth and veteran leadership, as the roster will consist of four freshmen, five sophomores and ten juniors.

Head coach Dee Conway, who also coaches the volleyball team, has been the coach of the softball team for its entire run, since 1988. Her teams have won the conference four times and achieved four consecutive seasons of at least 24 wins from 2006 to 2009. In 22 years, the team has only suffered nine losing seasons, while achieving the 20-win plateau eight times.

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Wesley Host/The Bulletin

On Tuesday and Friday nights, the Cage turns from an outdoor basketball court to a street hockey rink.